

gallon



quart



pint



cup



2 Tablespoons

= 1 Ounce



1 cup

= 8 Ounces



1 pint

= 2 cups

= 16 Ounces



1 quart

= 2 pints

= 4 cups

= 32 Ounces



1 gallon

= 4 quarts

= 8 pints

= 16 cups

= 64 Ounces