



First Aid – Choking

Using the choking information sheet from St John answer the questions below.

Q1: What are 5 signs and symptoms of choking?

Q2: What is the first thing you should do if you assume someone is choking?

Q3: Explain the difference in first aid when attending to an adult rather than a child who is choking?

Q4: Should you put someone in the recovery positions after a choking episode?
Why or why not?

Q5 True or False:

You do not have to check for danger in a choking scenario:

True

False

If the blockage hasn't cleared after 5 back blows you place casualty in recovery position:

True

False

Choking risk is higher to infants compared to adults: